

# NOTICE

To be put up on 26/03/2021

To be removed on

Class

## Physical Education **Backlog** Exam

### For SY Credit Pattern Students Only

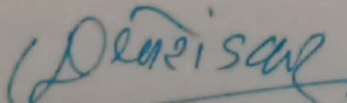
As per SPPU guideline college is conducting an online exam for assessment of Physical Education compulsory credit. If you have BACKLOG for the same, you are hereby requested to submit the PDF/JPE/JPEG file (Seat number as file name) on <https://forms.gle/2y9jfG1n4wXD3jsS6> link, as per sample format for the submission given on the next page.

You are expected to submit a Single page pdf/JPE/JPEG file which will include your **own photos** of the final position of the asana of your choice. Two asanas will be from standing position, 1 asana each from sitting, supine and prone position. List of Asana is as follows;

#### List of Asana for PE Exam

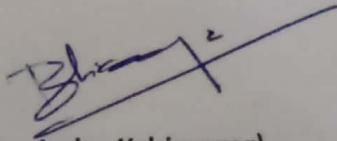
Standing Position	Sitting Position	Prone Position	Supine Position
Vrikshasana	Vakrasana	Salabhasana	Pawanmuktasana
Trikonasana	Ushtrasana	Bhujangasana	Setubandhasana
Padahasthasana	Uttan Mandukasana	Dhanurasana	Halasana
Chakrasana- sideward			
Tadasana			

Last date of submission will be 05/04/2021 before 5.00 pm.

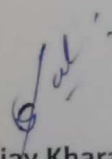
  
(Dr. Deepak Shendkar)

(PROF. DEEPAK SHENDKAR)  
Director of Phy. Edu. and Sports

MODERN COLLEGE, GANESHKHIND, PUNE-53

  
(Dr. Ravindra Kshirsagar)

COLLEGE EXAMINATION OFFICER  
PES's Modern College of Arts, Science  
& Commerce, Ganeshkhind, Pune-16

  
(Dr. Sanjay Kharat)

Principal

Modern College of Arts, Science  
& Commerce, Ganeshkhind, Pune



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### For SY and TY 2013 Pattern

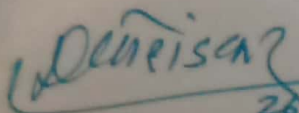
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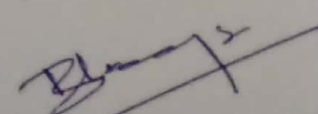
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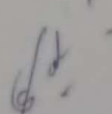
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CLASSIFICATION OFFICER  
FES's Modern College of Arts, Science  
& Commerce, Ganeshkhind, Pune-16.

Principal  
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