

PE Society's  
Modern College of Arts, Science and Commerce  
Ganeshkhind, Pune 16

## Intercollegiate Online Yoga Competition

On Occasion of National Sports Day

(29th August 2021)

Hi Students,

The Department of Physical Education and Sports, Modern College, Ganeshkhind is celebrating National Sports Day by organising a Online Yogasana Competition for the College Students.

### Entry Guidelines

All entries must be in digital video form.

Participants can upload videos as explained below in order to be eligible for prizes and rewards.

### Guidelines for sending entries:

1. Visit the dedicated contest Link : <https://forms.gle/NgH9jjwr6Qr2U3U78>
2. Fill in your details as per the form provided
3. Upload video directly on the link or provide a link to your video uploaded on Facebook or YouTube.
4. Please ensure the video is public and downloadable.
5. Accept the terms and conditions and click submit.
6. Save the email received after successful submission.

### Guidelines on video content

1. Participants shall not disclose their personal identity within the video created (name, College Name, Class, Faculty etc.).
2. It is recommended that video should be made in landscape orientation.



3. Participants are required to make a video on Yogasana of duration not more than 3 minutes.
4. The participant may judiciously include within this 2 minutes 20 seconds duration the video of **3 Yogasana of their choice**.
5. Asana will be judged on the basis of standard International Competition Rules by three judges and the winners will be decided.

### Judging process

Judging will be carried out in two stages viz. shortlisting processes and final evaluation. Entries will be shortlisted based on the video guidelines by the Screening Committee and winners will be selected from the short list by a Jury consisting of prominent Yoga experts.

### Confidentiality

Your personal information will be kept confidential. The announcements will reveal only the identities of the winners of the competition, with information such as name, age, gender. Consent of participants for use of their videos by the Modern College for any promotional activities in future, is inherent and included in their act of submission of their entries in this competition.

### Other terms and conditions:

1. The videos uploaded should strictly conform to these guidelines.
2. Visuals/ words which are erroneous and misleading, and which may provoke communal, obscurantist, anti-scientific and anti-national attitudes will make the entry liable to be disqualified.
3. The person in the video should be adequately clothed.
4. The display of obscene acts and exposures that deem to be indecent will be disqualified
5. An Applicant will be disqualified from the competition if it is found that he/ she is trying to influence any member of the jury by way of writing letters, sending emails, making telephone calls, approaching in person or any other similar activity in this regard.
6. The decisions of the Screening Committee and the Jury shall be final and binding on all participants.
7. The Jury may seek clarifications on any aspect of an entry from the participant, and if the same is not furnished within the given time, the entry could be disqualified.
8. Relatives of employees working in the college and PE Society's any institute will not be considered for the prize.



9. Videos provided by the Applicant will be deemed confidential and only used for competition or any other promotional purposes by Modern College Ganeshkhind.
10. Applicants may understand that their consent for use of their videos by Modern College Ganeshkhind for any promotional activities in future, is inherent and included in their act of submission of their entries to this competition.
11. Participants below 18 years of age may get the login ID created by the parents and also obtain the consent of their parents to participate in this category.
12. Applicants who are shortlisted would be required to furnish additional information, if required, without which they may not be considered for the next round of evaluation.
13. The cost of making the video is to be borne by the applicant and NO reimbursement for the same will be given by the College.
14. Participants submitting the videos for the competition are solely responsible for copyright regulations, if any. Their undertaking that the videos don't infringe on any copyrights or intellectual property rights is inherent and included in their act of submission of their entries to this competition.
- 15.

## Competition Timelines

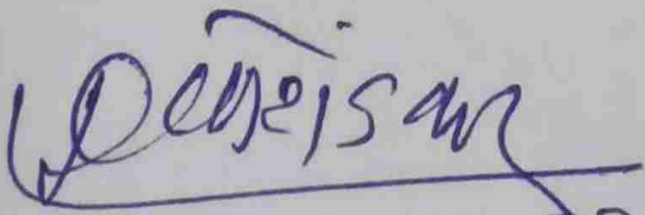
Last date of submission of entries and uploading the video is : 29th August 2021 on or before 5.00 pm.

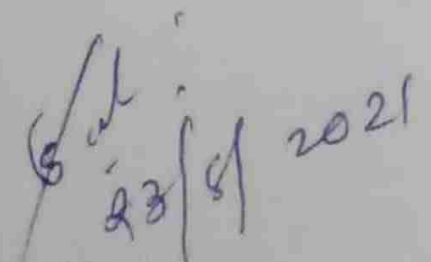
### Prizes and Certificates:

- First three Prizes (Trophy) will be awarded to the female and male categories with e Certificates.
- All participants recommended by the Screening Committee will be given an eCertificate for participation.

### Registration Link:

<https://forms.gle/FStpucgfbG9221a76>

  
(Dr. Deepak Shendkar) 23/8/2021

  
(Dr. Sanjay Kharat)

**Principal**  
Modern College of Arts, Science  
& Commerce Ganeshkhind, Pune

