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First Year (BA Psychology)
PSY11405 : COUNSELLING 101
(Semester I)

Program: BA
Program Specific: PSYCHOLOGY
Course Type: Regular
Paper: VSEC

Credits: 2
Time: 2 Hours
Max. Marks: 30
SET: A

Instructions to the candidate:

- 1) All questions are compulsory.
- 2) Figures to the right indicate full marks.
- 3) Draw a well labelled diagram wherever necessary.

SECTION A

Q1) Answer the Following in 100 words each (Any Three) [15]

- a. Explain the points to keep in mind while practicing Probing.
- b. Elaborate on the any One practice to become a Counselor with Multicultural lens.
- c. Describe any One Ethical Practice to be mindful of while conducting Counselling.
- d. Explain any Two Goals of Counselling

SECTION B

Q2) Answer the Following in 300 words each (Any One) [15]

- a. Define Counselling and Elaborate any Three Areas of Counselling.
- b. Describe the process of Gender Aware/Sensitive Helping.
