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OPEN ELECTIVE
First Year B.Sc. (General)
GEO11301 Health Geography
(Semester I)

Course Type: Open Elective 1
Paper: OE 1 (Health Geography)
Time: 2 Hours

Credits: 2
Max. Marks: 30
SET: A

Instructions to the candidate:

- 1) All questions are compulsory.
- 2) Figures to the right indicate full marks.
- 3) Draw a well labelled diagram wherever necessary.

Q1) Answer the following questions in one word. (any five) [5]

1. Who is known as father of Health Geography?
2. Name any two-lifestyle diseases.
3. What is type 2 diabetes?
4. Suggest any two steps to prevent diabetes.
5. Name the lifestyle risk factors associated with brain stroke?
6. State the any two preventive measures of Chronic Diseases.
7. Give any two examples of health care facilities.

Q2) Answer the following questions in 10-20 words. (Attempt any 5/7) [5]

1. What are misconceptions about mental health?
2. What is stroke?
3. State the significance of Ayurveda in short.
4. Give any two causes of heart disease.
5. What are the types of environmental health?
6. What is Epidemiology?
7. Define mental health.

Q3) Write short notes in about 100 words. (Any Two)

[10]

1. Scope of Health Geography
2. Health Care systems
3. Significance of Naturopathy
4. Perception towards mental health in developing countries.

Q4) Answer the following questions. (Any Two)

[10]

1. How does culture influence on health?
2. Write in detail about any two chronic diseases with their symptoms and preventive measures.
3. Which factors affect health?
4. Suggest any five measures to be taken to have stress free life.
