



SECOND YEAR (BA PSYCHOLOGY)
PSY23102: PSYCHOLOGY OF ADJUSTMENT
(Semester III)

Program: BA (BAO1)

Program Specific: Psychology

Course Type: Regular

Paper:

Credits: 2

Time: 2 Hours

Max. Marks: 30

SET: A

Instructions to the candidate:

- 1) All questions are compulsory.
- 2) Figures to the right indicate full marks.
- 3) Draw a well labelled diagram wherever necessary.

SECTION: A

Q1) Answer the Following in 100 words each (Any Three)

[15]

1. Describe qualities of a well-adjusted person
2. What is Psychology of Adjustment? Explain with examples
3. What are some important considerations before getting married?
4. What are the steps to develop an assertive communication style?
5. How can research and testing be used in career choice and development?

SECTION: B

Q1) Answer the Following in 300 words each (Any One)

[15]

1. Elaborate on the two models of career choice and development
2. Explain the vulnerable areas in marital adjustment and divorce

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