



Total No. of Questions: 2/7

Total No. of Pages: 1

SECOND YEAR (BA PSYCHOLOGY)
PSY24406: BASIC SKILLS IN COUNSELLING
(Semester IV)

Program: BA (BAO1)
Program Specific: Psychology
Course Type: Regular
Paper:

Credits: 2
Time: 2 Hours
Max. Marks: 30
SET: A

Instructions to the candidate:

- 1) All questions are compulsory.
- 2) Figures to the right indicate full marks.
- 3) Draw a well labelled diagram wherever necessary.

SECTION: A

Q1) Answer the Following in 100 words each (Any Three)

[15]

- a. Describe some points to keep in mind while 'Starting' a Counselling Session.
- b. Explain how the Counselor can apply Client's Feedback for Improvement.
- c. Explain any two features of a Goal.
- d. Describe the Helping Process in Brief.
- e. Explain any three differences between a Counselor and a Helper.

SECTION: B

Q1) Answer the Following in 300 words each (Any One)

[15]

- a. Define Counselling and describe how to conduct the Initial session in Counselling.
- b. Describe the Importance of getting Supervision.

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